

# Lance I.



Team Member Since: 2010

## Education & Certifications

- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Bodybuilding
- Weight training
- Fitness business



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 074

