

Derek N.



Certified Personal Trainer
Master Trainer
Team Member Since: 2009
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Industrial Engineering (Minor: Management) from Cal Poly, Pomona
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Parkour
- Freerunning
- Ninja Warrior obstacles
- Working on cars
- Working out
- Getting to know new people



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 077

