

Andre H.



Certified Personal Trainer
Team Member Since: 2009

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Certified in TRX suspension training
- Florida Gators Basketball and Football
- Sports performance techniques
- Music by Jay-Z, Kanye West and Rick Ross



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 078