

Jeff B.



Master Trainer
Team Member Since: 2001
Sessions Serviced: 10,000 +

Education & Certifications

- BS in Kinesiology from California State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Avid sports enthusiast
- Kickboxing
- Kung Fu and dancing
- Football
- Running track



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 078

