

# Brian G.



**Certified Personal Trainer**  
**Master Trainer**  
**TC24 Coach**  
**Team Member Since: 2011**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- PTA Global - PTA Global PT Certification
- TC24 Coach
- TRX Suspension Training – Certified TRX Instructor
- World Instructor Training School - Personal Trainer Certification

## Hobbies and Achievements

2006 2008 NPC Mens Bodybuilding Competitor  
2006 2010 U.S. Air Force Reserves  
Epic Series Challenge Finisher  
Football, Street Bikes, Bodybuilding, Nutrition



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Club ID: 080