

# Loren L.



**Certified Personal Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- BS in Kinesiology from University of Texas at Tyler
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Biking, snowboarding, outrigger paddling
- Las Vegas Half Marathon 2011
- Training for Disney Half Marathon in January 2013



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 080

