

Ariya M.



Master Trainer
Fitness Manager
Team Member Since: 2008
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Marketing from California State University, Northridge
- MA in Psychology from Phillips Graduate Institute
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Soccer
- Hiking
- Movies
- Spending time with family
- Solving riddles



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 089