

# Jenna F.

## Education & Certifications

- BA in Communications from San Diego State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist



Team Member Since: 2011

## Hobbies and Achievements

- Snowboarding
- Hiking
- Wakeboarding
- High Intensity Interval Training
- Strength training



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Club ID: 089

