

Pat O.

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification



Certified Personal Trainer
Team Member Since: 2013

Hobbies and Achievements

- Professional Soccer Player
- Level 2 Licence in Coaching Soccer



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 089

