

# Rebecca F.

## Education & Certifications

- BS in Exercise and Sports Science from Oregon State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Hobbies and Achievements

- Horseback riding
- Hiking
- Traveling



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 089

