

Angela B.

Education & Certifications

- BS in Exercise Science from Illinois State University
- MA in Exercise Science from North Eastern Illinois University
- AED (Automated External Defibrillator)
- American Council on Exercise - Lifestyle and Weight Management Coach
- CPR Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist



Certified Personal Trainer
Master Trainer
Team Member Since: 2009
Sessions Serviced: 2,000 +

Hobbies and Achievements

- Trail Running
- Cycling
- Surfing
- Triathlon
- Hiking



For more info about this trainer,
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Club ID: 090

