

Dave S.



Certified Personal Trainer
Master Trainer
Team Member Since: 2002
Sessions Serviced:10,000 +

Education & Certifications

- BS in Management from Embry-Riddle University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Love weight training
- Being in the gym atmosphere
- Watching the Padres



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 090

