

# Frank M.

## Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer



Team Member Since: 2008

## Hobbies and Achievements

- Outdoor sports
- Weight training



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 090

