

Michael W.

Education & Certifications

- BS in Industrial Engineering from Penn State
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer



Certified Personal Trainer
Team Member Since: 2014

Hobbies and Achievements

- ISSA Specialist in Fitness Nutrition
- Former Semi Professional Paintball Player



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 090

