

# Stacy E.



Team Member Since: 2008

## Education & Certifications

- BS in Biology from Mercyhurst College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Group Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- 2 time Boston Marathon qualifier
- CrossFit



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 094

