

Megan J.



**Certified Personal Trainer
Assistant Fitness Manager
Team Member Since: 2012**

Education & Certifications

- BA in English from University of California, Berkeley
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Yoga
- Running
- Professional Soccer Player
- Anything outdoors
- Functional Training



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 097