

Mirela H.



Certified Personal Trainer
Team Member Since: 2004

Education & Certifications

- BA in Psychology from California State University Fullerton
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Beach Volleyball
- Kickboxing
- Track and Field



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 097