

# Daniel A.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification

## Hobbies and Achievements

- Intense Circuit Training
- Coaching Youth Wrestling
- 3rd Place, 2006 Greco Roman Wrestling Nationals
- Cycling
- Yoga



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 099