

# Salvador M.



**Assistant Fitness Manager**  
**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Sports Nutrition from Univa University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Played professional soccer in Mexico
- Specialize in strength training and conditioning programs
- Supplements knowledge
- Clinical nutrition and chronic degenerative diseases control
- Exercise and diabetes research



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 102