

Brian B.



Master Trainer
Team Member Since: 2009
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Sports Medicine/ Kinesiology from San Diego Christian College
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Playing indoor and outdoor soccer
- Community volunteer for health and fitness
- Coaching athletics for youth and young adults
- Made Deans List for three years at San Diego Christian College



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 104

