

Collin D.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2008

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- TRX Training / Cross Fit / Olympic Lifting
- Rock Climbing (Bouldering)
- Parkour (Free Running)
- Basketball
- NAVY Rescue Swimming



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 104