

Bruce P.



Certified Personal Trainer
Team Member Since: 2009
Sessions Serviced:10,000 +

Education & Certifications

- BA in Psychology from Wayne State University
- AED (Automated External Defibrillator)
- American Fitness Professionals and Associates Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

skiing
cooking
Senior Fitness Specialist
Golf specific training



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 105

