

Jenny G.



Team Member Since: 2003

Education & Certifications

- BA Graphic Design from Fashion Institute of Design & Merchandising
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Art
- Cooking
- Mixed Martial Arts
- Swimming
- Spending time with family



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24hourfitness.com/personaltraining

Club ID: 105

