

# Brian K.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Kinesiology - Rehabilitation and Therapeutic Exercise from California State University, Los Angeles
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Graduated Magna Cum Laude (Honors)
- Graduate of Santa Ana College Basic Fire Academy
- Enjoy playing basketball, reading, and watching movies
- Enjoy participating in any outdoor activities



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 111