

# Ray E.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Physical Education, Sport Science & Physics from Loughborough University
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Strength and Conditioning Coach - Ireland Rugby Union U18/19/20 & Senior A
- Rugby Development Officer - Munster Rugby
- Triathlons
- Head Coach Belmont Shore Rugby Club National Champions 2012
- AYSO Soccer Coach 2012



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Club ID: 111