

# Joseph R.



**Certified Personal Trainer  
Assistant Fitness Manager  
Team Member Since: 2010**

## Education & Certifications

- BS degree in Business Administration from California State University Bakersfield
- American College of Sports Medicine - Certified Personal Trainer
- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist

## Hobbies and Achievements

- Exercising
- Participating in recreational sports
- Playing video games



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 116

