

Brandon R.



Master Trainer
Fitness Manager
Team Member Since: 2008

Education & Certifications

- BS Degree in Kinesiology - Cal State University, Northridge
- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- motocross
- mountain biking
- working out



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 117

