

Moises L.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology-Exercise Science from California State University, Northridge
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- NPC Level Bodybuilding Athlete
- Snowboarding
- Music
- Living a Holistic Lifestyle



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 117