

# Emilio C.



**Team Member Since: 2011**  
**Sessions Serviced: Less than 2,000**

## Education & Certifications

- BA in Sociology with a minor in Exercise & Health science from University of Santa Barbara
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Camping and Hiking
- Swimming
- Water Polo



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 123

