

# George L.



**Certified Personal Trainer**  
**TC24 Coach**  
**Team Member Since: 2012**

## Education & Certifications

- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Strength and Conditioning Assoc. - Certified Personal Trainer
- TC24 Coach

## Hobbies and Achievements

- 2011 Desert Showdown World Amateur Boxing Championship finalist
- Zulu Kai OC Boxing Academy fight team member
- OC Yellow Jackets Boxing Academy fight team member
- Avid outdoorsman



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 127