

# Michael A.



**Fitness Manager**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Sport Management from Whittier college
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Professional basketball player
- LA County Ocean Lifeguard
- Playing the Guitar



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 130

