

Mike H.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- International Natural Bodybuilding Association Competitor
- Philosophy



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24hourfitness.com/personaltraining

Club ID: 130