

# Derek R.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Performing Arts from Savannah College of Art and Design
- MA in Educational Theatre from NYU
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Strength and Conditioning Assoc. - Certified Personal Trainer

## Hobbies and Achievements

- Hiking
- Rock Climbing
- Biking
- Acting



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 140