

# Matt S.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in biology from UCDenver
- AED (Automated External Defibrillator)
  - CPR Certification
  - National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

outdoors  
sports  
coaching  
friends and family  
competition



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 140