

Matt S.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in biology from UC Denver
- AED (Automated External Defibrillator)
 - CPR Certification
 - National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

outdoors
sports
coaching
friends and family
competition



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24hourfitness.com/personaltraining

Club ID: 140