

# Kurt K.



**Team Member Since: 2011**

## Education & Certifications

- BS in Kinesiology from California State University Fullerton
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Division 1 College Athlete in Wrestling
- US Fila All American in Greco Roman and Freestyle Wrestling
- Undefeated MMA fighter
- 10+ years of Amateur Wrestling
- Graduated with an emphasis in Gerokinesiology



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