

# Cameron C.



**Master Trainer**  
**Team Member Since: 2006**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- BS in Kinesiology, emphasis in Fitness, Nutrition & Health from California State University San Diego
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Laguna Creek High School Wrestling (Varsity)
- Competitive freestyle wrestling (5 years)
- Competitive Brazilian Jujitsu (1 year)
- Avid mountain biker



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 160

