

Jason S.



Team Member Since: 2005
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Rosarito to Ensenada 50mi Bike Ride
- Avid Mountain Bike Interest
- Self Educated Auto Mechanic



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 160