

Nina T.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Communication Studies from California State University Long Beach
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Surfing
- Tennis
- Soccer
- Volleyball



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 163