

Charles T.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Sociology from California University of Pennsylvania
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Playing with my daughter
- Doing outdoor activities with my girlfriend
- Helping out others in a time of need
- Motivational speaking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 165