

Jerrad G.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- Kinesiology from California State University of Fullerton
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Basketball
- Hiking - training to hike the Grand Canyon
- White Water Rafting
- Yoga



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 171