

# Lucas L.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- I like to challenge my fitness knowledge and goals
- Music
- Playing the Drums
- Flag Football, Basketball, Tennis
- Varsity Wrestling
- Paintball



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 171