

Pete P.



Master Trainer
Team Member Since: 2004

Education & Certifications

- BS in Criminology from Nova Southeastern University
- MS in Behavioral Science from Nova Southeastern University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Steelers
- Yankees
- Tarheels
- All sports, basketball and football



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24hourfitness.com/personaltraining

Club ID: 171