

Amber W.



Master Trainer
Team Member Since: 2002

Education & Certifications

- BS in Health & Sport Studies from Miami University (OH)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Div 1 Collegiate Softball pitcher (1998-2002)
- Fastpitch softball instructor
- Wakeboarding, golf, basketball, tennis, and the beach



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 174