

Jared R.



Master Trainer
Team Member Since: 2011
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Kinesiology from California State University San Diego
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Baseball
- Basketball
- Football
- Golf
- Lifting weights
- Running



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 174

