

# Kyndle R.



**Certified Personal Trainer**  
**Team Member Since: 201**

## Education & Certifications

- Associate Degree in Kinesiology from Moorpark College
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Volleyball
- Water Polo
- Softball
- Track and Field
- Boxing



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 176