

Mac B.



**Certified Personal Trainer
Assistant Fitness Manager
Team Member Since: 2012**

Education & Certifications

- BS in Kinesiology from Washington State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Tough Mudder and Spartan Mud Runs 2012/2013
- Snowboarding
- Hiking
- Baseball Basketball Football MMA
- Disneyland



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 177