

Lee W.

Education & Certifications

- BA in Exercise Science from University of Kentucky
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer



Master Trainer
Group X Instructor
Team Member Since: 2002
Sessions Serviced:5,000 +

Hobbies and Achievements

- Movies, TV, and Theater
- NFL, MLB, NBA, Womens Tennis, Golf, NCAA Football, Basketball, Baseball
- Nature and History



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Club ID: 179

