

# Sean H.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Avid adventurer
- Krazy for kickboxing
- Live for fitness
- Born for the beach
- Living to the max



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 180