

Amy L.



Team Member Since: 2011
Sessions Serviced: Less than 2,000

Education & Certifications

- BS in Family Studies from Arizona State University
- MA in Social Work from Arizona State University
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- Running and working out
- Personal Success story
- Working with my children in sports



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 182

