

# Chris B.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BA in Business Marketing from Benedictine College
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Basketball
- Beach Volleyball
- Traveling
- Cooking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 182